



## **Southeastern Region: March 2020 Support Groups & Events**



For more information, please call (508) 743-0333 or refer to our website, [www.bياما.org/groups](http://www.bياما.org/groups).

Please RSVP to ensure your place at any event or activity

**In case of inclement weather, please contact BIA-MA at the number above.**

<b>3/3 Tuesday</b>	<b>Orleans</b> - Survivor and Caregiver Support Group, 4:30 - 6:00 pm. Spaulding Rehab Outpatient Center, 65 Old Colony Way, Orleans.
<b>3/4 Wednesday</b>	<b>East Sandwich</b> - Adult Post-Concussion Support Group, 10:30 am - 12:30 pm. Spaulding Rehabilitation Hospital Cape Cod, Main floor conference room. 311 Service Rd., East Sandwich.
<b>3/11 Wednesday</b>	<b>Wareham</b> – Caregiver Support Group, 10:00 am - 12:00 pm. Wareham Free Public Library, 59 Marion Road, Wareham.
<b>No mtg this month</b>	<b>Wareham</b> – “Young Survivor” Support Group
<b>3/12 Thursday</b>	<b>Fall River</b> - Survivor and Family Support Group, 3:00 – 4:30 pm. Fall River Public Library meeting room, 104 North Main St., Fall River.
<b>3/14 Saturday</b>	<b>East Sandwich</b> - Aneurysm and Mild Brain Injury Support Group, 2:00 - 4:00 pm. Corpus Christi Church, Room 10. 324 Quaker Meetinghouse Rd., (near exit 3, off Rt. 6), East Sandwich
<b>3/16 Monday</b>	 <p><b>** Orleans</b> – Join us for an evening of dinner and bowling with friends! Hosted by the Orleans support group. <b>Please RSVP to Ann by 3/11 (508) 255-3583.</b> Orleans Bowling Center. 191 Route 6A, Orleans.</p>
<b>3/17 Tuesday</b>	<b>Chatham</b> – Adult Post-Concussion Support Group, 10:30 am – 12:30 pm. Cape Cod Fisherman’s Alliance Bldg., Barn Room. 1566 Main St., Chatham.
<b>3/17 Tuesday</b>	<b>New Bedford/Dartmouth</b> - Survivor and Family Support Group, 5:00 - 7:00 pm. Howland Green Library, 3 Rodney French Blvd., New Bedford.
<b>3/19 Thursday</b>	<b>Cotuit</b> - Survivor and Family Support Group, 10:00 am - 12:00 pm. Cotuit Library, 871 Main St., Cotuit.



<p><b>3/20 Friday</b></p>	<p><b>Falmouth</b> - “Friday Night Out” Young Survivor Support Group (ages 18 and over), 5:30 - 7:30 pm. This month, guest speaker Linda Dias with her colleague Michelle Sheridan will be sharing their talents using yoga, meditation, and breath work. We will explore Chair Yoga along with meditative breathing and listening to intuitive harp music by Linda herself! We hope you will join us for this calming evening! <b>Please RSVP</b> to ensure materials - Deb 508-564-8643. St. Barnabas Episcopal Church, Parish House. 91 W. Main St., Falmouth.</p>	
<p><b>3/24 Tuesday</b></p>	<p><b>Brewster</b> - Caregiver Support Group, 1:00 - 3:00 pm. Brewster Ladies’ Library, 1822 Main St., Route 6A, Brewster.</p>	
<p><b>3/25 Wednesday and 3/26 Thursday</b></p>	 <p><b>BIA-MA 39TH Annual Brain Injury Conference</b> will be held at the Best Western Royal Plaza Hotel and Trade Center in Marlborough, MA.</p> <ul style="list-style-type: none"> <li>• Wednesday, March 25: half-day pre-conference</li> <li>• Thursday, March 26: full-day conference</li> </ul> <p>Visit <a href="http://www.biama.org/annualconference">www.biama.org/annualconference</a> for details</p>	
<p><b>3/26 Thursday</b></p>	<p><b>Plymouth</b> – “Rise and Adapt” Young Survivor and Family Support Group (Ages 18 and over), 6:00 - 8:00 pm. Discussion on experiences, strength, and hope. Quincy College – Plymouth Campus, Conference Room #214B. 36 Cordage Park Circle, Plymouth.</p>	

*\*\* Events with this designation are sponsored in part by the Statewide Head Injury Program, Massachusetts Rehabilitation Commission*



**Follow BIA-MA on...**




For up-to-date information on events, support groups, and other News!

