








Western Region: March 2020 Support Groups & Events

For more information, please call (413) 443-0200 or refer to our website, www.biama.org/groups.
Please RSVP to ensure your place at any event or activity.

In case of inclement weather, please contact BIA-MA at the number above.

<p>3/4 Wednesday</p>	<p>Springfield - Baystate Brain Injury Support Group, 6:00 - 8:00 pm. Discussion topic: Checking up and checking in! Baystate Medical Center, Chestnut Building, Room 5. 759 Chestnut St., Springfield.</p>
<p>3/5 Thursday</p>	<p>Pittsfield - Tea & Talk: A Brain Injury Support Group for Women, 1:00 – 3:00 pm. BIA-MA, 180 Elm St., Suite C, Pittsfield.</p>
<p>3/5 Thursday</p>	<p>Ludlow – Survivor and Caregiver Support Group, 2:00 - 3:00 pm. Encompass Health Rehabilitation Hospital of Western Mass. Cafeteria Conference Room, 222 State St., Ludlow.</p> 
<p>3/5 Thursday</p>	<p>Hadley - Pioneer Valley Brain Injury Support Group for Family, Survivors, Caregivers, and Professionals, 7:00 - 8:30 pm. Guest speaker Lisa Summers (UMass) and speech pathology students present on socialization techniques for medical appointments. Hadley Housing Authority Community Room, 42 Golden Ct., Hadley.</p>
<p>3/10 Tuesday</p>	<p>** Springfield - Creative Corner, 1:00 – 3:00 pm. <i>Join Helen Stewart in the Pioneer Valley to create brain mosaics using dried beans, to celebrate Brain Injury Awareness Month! Led by Maura and Allison of the WNE Occupational Therapy Doctoral Program. Please RSVP to Maura at (860) 885-4263. Western New England University, Blake Law Building, First Floor. 1215 Wilbraham Rd., Springfield.</i></p> 
<p>3/10 Tuesday</p>	<p>Pittsfield – Caregiver Support Group, 1:00 – 3:00 pm. BIA-MA, 180 Elm St., Ste. C, Pittsfield.</p>
<p>3/10 Tuesday</p>	<p>Pittsfield – Berkshire Brain Injury Support Group, 4:00 - 6:00 pm. Berkshire Medical Center, Medical Arts Complex, Center for Rehabilitation, 5th Floor. 777 North St., Pittsfield.</p>
<p>No mtg this month</p>	<p>** Pittsfield - Creative Corner</p> 
<p>3/15 Sunday</p>	<p>** Pittsfield – Join us 12 noon to 3:00 pm in kicking off Brain Injury Awareness Month! Fun, friends, and a delicious sit-down lunch will fill our afternoon. This year’s Brain Injury Awareness gala theme is “Getting Away without Going Away”! Berkshire Hills Country Club, 500 Benedict Rd, Pittsfield. Please RSVP for menu options, details, and to hold your space 413-443-0200.</p> 

3/17 Tuesday	Pittsfield – Men’s Support Group, 4:00 – 6:00 pm. BIA-MA, 180 Elm St., Ste. C, Pittsfield.
3/17 Tuesday	Great Barrington - Southern Berkshire Brain Injury Support Group, 4:00 - 6:00 pm. Community Health Programs (CHP), 444 Stockbridge Rd., Great Barrington. 
3/18 Wednesday	Springfield - Mercy Survivor and Caregiver Support Group, 6:00 - 8:00 pm. Discussion topic – Brains at Risk. Mercy Hospital, Deliso Conference Center, Lower Level. 299 Carew St., Springfield.
3/19 Thursday	Northampton – Survivor and Caregiver Support Group, 10:00 am - 12:00 pm. Dept of Developmental Services, Conference Room. 195 Industrial Dr., Northampton.
3/19 Thursday	Springfield – MHA Survivor and Caregiver Support Group, 10:00 am – 12:00 pm. MHA, Inc. Resource Center, 147 Magazine St., Springfield.
3/19 Thursday	Hadley - Pioneer Valley Brain Injury Support Group for Caregivers, 7:00 – 8:30 pm. Hadley Housing Authority Community Room, 42 Golden Ct., Hadley.
3/25 Wednesday and 3/26 Thursday	 <p>BIA-MA 39TH Annual Brain Injury Conference will be held at the Best Western Royal Plaza Hotel and Trade Center in Marlborough, MA.</p> <ul style="list-style-type: none"> • Wednesday, March 25: half-day pre-conference • Thursday, March 26: full-day conference <p>Visit www.biama.org/annualconference for details</p>
3/27 Friday	Chicopee – Survivor and Caregiver Support Group, 1:30 - 3:00 pm. Service Net Enrichment Center, 355 Front St., Chicopee. (Note permanent time change)
3/31 Tuesday	 <p>** Pittsfield – Join us from 3:00 – 4:00 pm for drumming with Aimee Gelinis! Spend a fun hour exploring sounds and rhythm hands-on. Drums provided! RSVP to Scott by 3/23 at 413-443-0200. BIA-MA, 180 Elm St, Ste C, Pittsfield.</p>



**** Events with this designation are sponsored in part by the
Statewide Head Injury Program, Massachusetts Rehabilitation Commission.**

