



## **November 2021 Virtual Support Groups**

For the foreseeable future, BIA-MA programming will remain virtual.  
Closed Captioning enabled for virtual meetings.

**To attend a meeting, please email [info@biama.org](mailto:info@biama.org)  
and specify which meeting(s).**

<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Support Group - Name</b>
Tue	11/2/2021	10:00AM	Westborough Young Adult survivor support group
Tue	11/2/2021	3:00PM	Lexington survivor and family support group
Wed	11/3/2021	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	11/3/2021	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	11/3/2021	6:00PM	Springfield/Baystate survivor and family support group
Thu	11/4/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	11/4/2021	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	11/4/2021	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Tue	11/9/2021	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	11/9/2021	4:00PM	Pittsfield (BBISG) survivor and family support group
Tue	11/9/2021	7:00PM	"Interrupted Lives" young adult survivor support group
Wed	11/10/2021	5:30PM	Milford Stroke/Brain Injury survivor support group

	No meeting this month		Concord Post-Concussion support group
<b>Thu</b>	<b>11/11/2021</b>		<b>BIA-MA offices closed in observance of Veterans Day</b>
Tue	11/16/2021	3:00PM	Lexington survivor and family support group
Tue	11/16/2021	4:00PM	Men's survivor and caregiver brain injury support group
Wed	11/17/2021	6:00PM	Springfield/Mercy survivor and family support group
Thu	11/18/2021	10:00AM	Cotuit (Barnstable) survivor and family support group
Thu	11/18/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	11/18/2021	12:00PM	Beverly/North Shore survivor and family support group
Thu	11/18/2021	7:00PM	Milford survivor and family support group
Tue	11/23/2021	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	11/23/2021	1:00PM	Brewster/Lower Cape caregiver support group
	No meeting this month		"Law of Attraction" brain injury support group
	No meeting this month		Worcester/Fairlawn caregiver support group
<b>Thu-Fri</b>	<b>11/25-11/26/2021</b>		<b>BIA-MA offices closed in observance of Thanksgiving</b>

**Please visit our website at**

**[www.biama.org/groups](http://www.biama.org/groups)**

**for updates!**

