

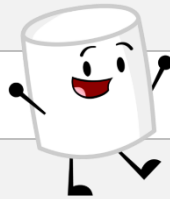
December 2021 Virtual Support Groups

For the foreseeable future, BIA-MA programming will remain virtual.
Closed Captioning enabled for virtual meetings.

To attend a meeting, please email info@biama.org and specify which meeting(s).



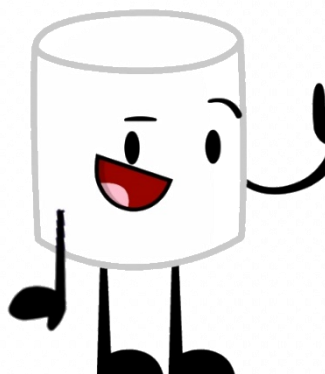
Day	Date	Time	Support Group - Name
Wed	12/1/2021	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	12/1/2021	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	12/1/2021	4:00PM	Worcester/Fairlawn caregiver support group (date change this month only)
Wed	12/1/2021	6:00PM	Springfield/Baystate survivor and family support group
Thu	12/2/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	12/2/2021	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	12/2/2021	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Tue	12/7/2021	10:00AM	Westborough Young Adult survivor support group
Tue	12/7/2021	3:00PM	Lexington survivor and family support group
Wed	12/8/2021	5:30PM	Milford Stroke/Brain Injury survivor support group
Thu	12/9/2021	10:00AM	Concord Post-Concussion support group
Tue	12/14/2021	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	12/14/2021	4:00PM	Pittsfield (BBISG) survivor and family support group



Tue	12/14/2021	7:00PM	"Interrupted Lives" young adult survivor support group
Wed	12/15/2021	6:00PM	Springfield/Mercy survivor and family support group
Thu	12/16/2021	10:00AM	Cotuit (Barnstable) survivor and family support group
Thu	12/16/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	12/16/2021	12:00PM	Beverly/North Shore survivor and family support group
Thu	12/16/2021	7:00PM	Milford survivor and family support group
Tue	12/21/2021	3:00PM	Lexington survivor and family support group
Tue	12/21/2021	4:00PM	Men's survivor and caregiver brain injury support group
Thu	12/23/2021	10:00AM	"Law of Attraction" brain injury support group
Fri	12/24/2021		BIA-MA offices closed in observance of Christmas
	No 2 nd mtg this month		Framingham "Mild" Brain Injury survivor support group
Tue	12/28/2021	1:00PM	Brewster/Lower Cape caregiver support group
Fri	12/31/2021		BIA-MA offices closed in observance of New Year's Day



Please visit our website at
www.biama.org/groups **for updates**



*It's a marshmallow world
in the winter,
When the snow comes
to cover the ground.
It's the time for play,
it's a whipped cream day,
I wait for it all year round!*

"Marshmallow World" by Darlene Love

