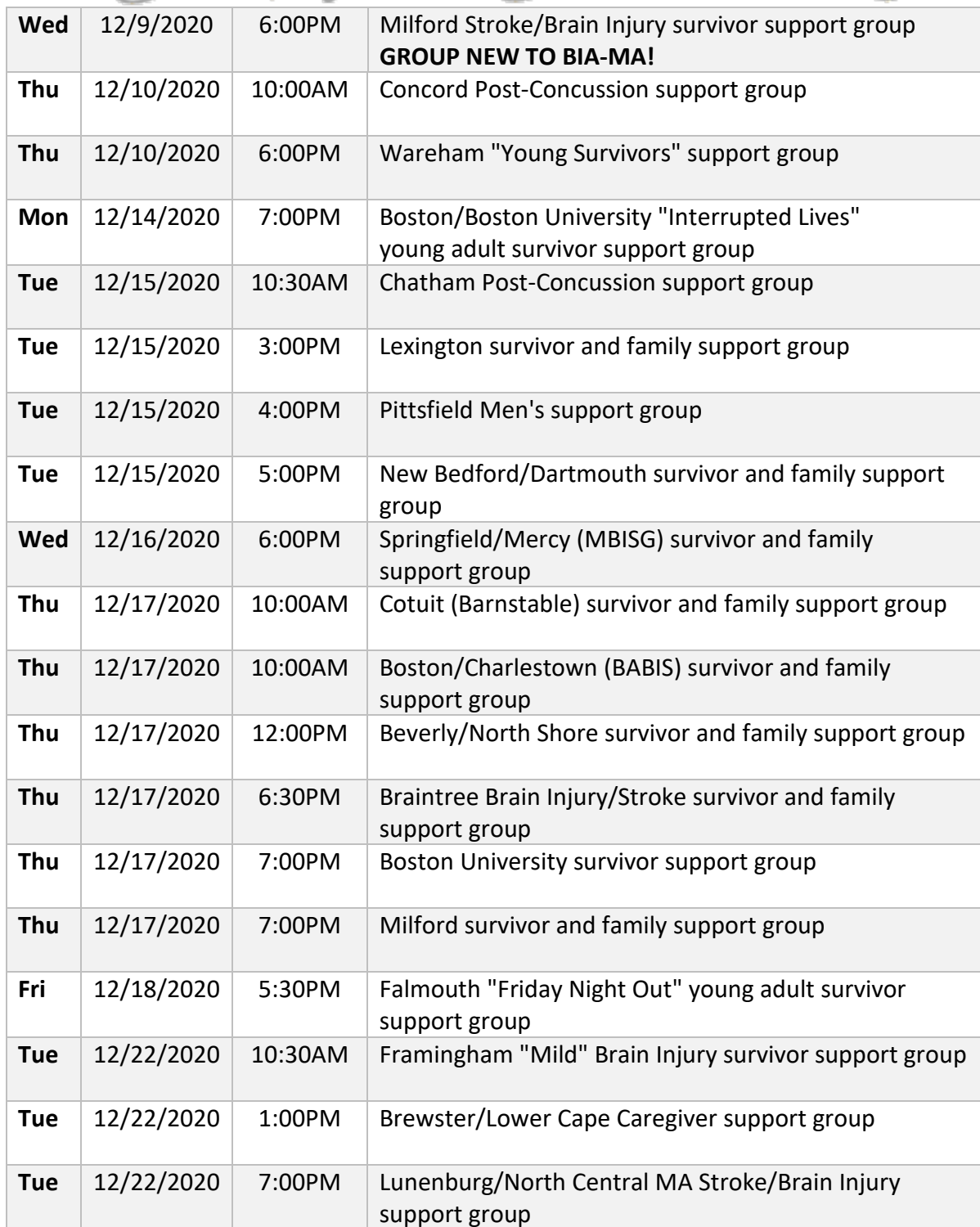


## December 2020 Virtual Support Groups

Due to current social distancing recommendations,  
BIA-MA will host support groups virtually through the end of 2020.  
For more information call (508) 475-0032 or refer to our website at [www.biama.org/groups](http://www.biama.org/groups)

To attend a meeting, please email [info@biama.org](mailto:info@biama.org) and specify which meeting(s).

Day	Date	Start Time	Support Group - Name
Tue	12/1/2020	3:00PM	Lexington survivor and family support group
Tue	12/1/2020	10:00AM	Westborough Young Adults survivor support group
Wed	12/2/2020	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	12/2/2020	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	12/2/2020	4:00PM	Worcester/Fairlawn Caregiver support group
Wed	12/2/2020	6:00PM	Springfield/Baystate survivor and family support group
Thu	12/3/2020	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	12/3/2020	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	12/3/2020	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Mon	12/7/2020	11:00AM	Lowell survivor support group
Tue	12/8/2020	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	12/8/2020	1:00PM	Pittsfield Caregiver support group
Tue	12/8/2020	4:00PM	Pittsfield (BBISG) survivor and family support group
Tue	12/8/2020	6:00PM	Haverhill survivor and family support group



<b>Wed</b>	12/9/2020	6:00PM	Milford Stroke/Brain Injury survivor support group <b>GROUP NEW TO BIA-MA!</b>
<b>Thu</b>	12/10/2020	10:00AM	Concord Post-Concussion support group
<b>Thu</b>	12/10/2020	6:00PM	Wareham "Young Survivors" support group
<b>Mon</b>	12/14/2020	7:00PM	Boston/Boston University "Interrupted Lives" young adult survivor support group
<b>Tue</b>	12/15/2020	10:30AM	Chatham Post-Concussion support group
<b>Tue</b>	12/15/2020	3:00PM	Lexington survivor and family support group
<b>Tue</b>	12/15/2020	4:00PM	Pittsfield Men's support group
<b>Tue</b>	12/15/2020	5:00PM	New Bedford/Dartmouth survivor and family support group
<b>Wed</b>	12/16/2020	6:00PM	Springfield/Mercy (MBISG) survivor and family support group
<b>Thu</b>	12/17/2020	10:00AM	Cotuit (Barnstable) survivor and family support group
<b>Thu</b>	12/17/2020	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
<b>Thu</b>	12/17/2020	12:00PM	Beverly/North Shore survivor and family support group
<b>Thu</b>	12/17/2020	6:30PM	Braintree Brain Injury/Stroke survivor and family support group
<b>Thu</b>	12/17/2020	7:00PM	Boston University survivor support group
<b>Thu</b>	12/17/2020	7:00PM	Milford survivor and family support group
<b>Fri</b>	12/18/2020	5:30PM	Falmouth "Friday Night Out" young adult survivor support group
<b>Tue</b>	12/22/2020	10:30AM	Framingham "Mild" Brain Injury survivor support group
<b>Tue</b>	12/22/2020	1:00PM	Brewster/Lower Cape Caregiver support group
<b>Tue</b>	12/22/2020	7:00PM	Lunenburg/North Central MA Stroke/Brain Injury support group

**Please visit our website  
at [www.biama.org/groups](http://www.biama.org/groups) for updates!**

If you wish to be removed from our monthly calendar mailing list, please contact us at 413-443-0200 or [supportgroups@biama.org](mailto:supportgroups@biama.org)