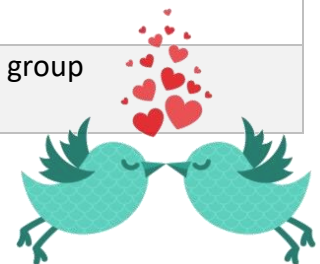


February 2022 Virtual Support Groups

For the foreseeable future, BIA-MA programming will remain virtual.
Closed Captioning enabled for virtual meetings.

To attend a meeting, please email info@biama.org and specify which meeting(s).

Day	Date	Time	Support Group - Name
Tue	2/1/2022	10:00AM	Westborough Young Adult survivor support group
Tue	2/1/2022	3:00PM	Lexington survivor and family support group
Wed	2/2/2022	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	2/2/2022	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	2/2/2022	6:00PM	Springfield/Baystate survivor and family support group
Thu	2/3/2022	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	2/3/2022	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	2/3/2022	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Tue	2/8/2022	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	2/8/2022	4:00PM	Pittsfield (BBISG) survivor and family support group
Tue	2/8/2022	7:00PM	"Interrupted Lives" young adult survivor support group
Wed	2/9/2022	5:30PM	Milford Stroke/Brain Injury survivor support group
Thu	2/10/2022	10:00AM	Concord Post-Concussion support group



Tue	2/15/2022	3:00PM	Lexington survivor and family support group
Tue	2/15/2022	4:00PM	Men's survivor and caregiver brain injury support group
Wed	2/16/2022	6:00PM	Springfield/Mercy survivor and family support group
Thu	2/17/2022	10:00AM	Cotuit (Barnstable) survivor and family support group
Thu	2/17/2022	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	2/17/2022	12:00PM	Beverly/North Shore survivor and family support group
Thu	2/17/2022	7:00PM	Milford survivor and family support group
Mon	2/21/2022		BIA-MA offices closed in observance of Presidents Day
Tue	2/22/2022	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	2/22/2022	1:00PM	Brewster/Lower Cape caregiver support group
Thu	2/24/2022	10:00AM	"Law of Attraction" brain injury support group

**Please visit our website at
www.biama.org/groups for updates**



Keep your face always
toward the sunshine,
and shadows will
fall behind you.

- Walt Whitman
(And Punxsutawney Phil)