



30 Lyman Street, Suite 10
Westborough, MA 01581
(508) 475-0032
www.biama.org/groups

January 2021 Virtual Support Groups

For the foreseeable future, BIA-MA programming will remain virtual.
All meetings are Closed Captioned enabled.

To attend a meeting, please email info@biama.org and specify which meeting(s).

Day	Date	Time	Support Group - Name
Tue	1/5/2021	10:00AM	Westborough Young Adult survivor support group
Tue	1/5/2021	3:00PM	Lexington survivor and family support group
Wed	1/6/2021	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	1/6/2021	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	1/6/2021	6:00PM	Springfield/Baystate survivor and family support group
Thu	1/7/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	1/7/2021	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	1/7/2021	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Mon	1/11/2021	7:00PM	Boston/Boston University "Interrupted Lives" young adult survivor support group
Tue	1/12/2021	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	1/12/2021	1:00PM	Pittsfield caregiver support group
Tue	1/12/2021	4:00PM	Pittsfield (BBISG) survivor and family support group
Wed	1/13/2021	5:30PM	Milford Stroke/Brain Injury survivor support group
Wed	1/13/2021	7:00PM	Boston University survivor support group
Thu	1/14/2021	10:00AM	Concord Post-Concussion support group
Fri	1/15/2021	3:30PM	Falmouth "Early Friday Night Out" young adult survivor support group

Tue	1/19/2021	10:30AM	Chatham Post-Concussion support group
Tue	1/19/2021	3:00PM	Lexington survivor and family support group
Tue	1/19/2021	4:00PM	Pittsfield Men's support group
Wed	1/20/2021	6:00PM	Springfield/Mercy survivor and family support group
Thu	1/21/2021	10:00AM	Cotuit (Barnstable) survivor and family support group
Thu	1/21/2021	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	1/21/2021	12:00PM	Beverly/North Shore survivor and family support group
Thu	1/21/2021	7:00PM	Milford survivor and family support group
Tue	1/26/2021	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	1/26/2021	1:00PM	Brewster/Lower Cape caregiver support group
Tue	1/26/2021	7:00PM	Lunenburg/North Central MA Stroke/Brain Injury support group
Wed	1/27/2021	5:00PM	Worcester/Fairlawn caregiver support group
Thu	1/28/2021	6:30PM	Braintree Brain Injury/Stroke survivor and family support group



**Please visit
our website
www.biama.org/groups
for updates!**

