



January 2022 Virtual Support Groups



For the foreseeable future, BIA-MA programming will remain virtual.
Closed Captioning enabled for virtual meetings.

To attend a meeting, please email info@biama.org and specify which meeting(s).

Day	Date	Time	Support Group - Name
Tue	1/4/2022	10:00AM	Westborough Young Adult survivor support group
Tue	1/4/2022	3:00PM	Lexington survivor and family support group
Wed	1/5/2022	9:30AM	Worcester/Fairlawn Post-Concussion support group
Wed	1/5/2022	10:30AM	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	1/5/2022	6:00PM	Springfield/Baystate survivor and family support group
Thu	1/6/2022	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	1/6/2022	1:00PM	Pittsfield "Tea & Talk" support group for women
Thu	1/6/2022	7:00PM	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Tue	1/11/2022	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	1/11/2022	4:00PM	Pittsfield (BBISG) survivor and family support group
Tue	1/11/2022	7:00PM	"Interrupted Lives" young adult survivor support group
Wed	1/12/2022	5:30PM	Milford Stroke/Brain Injury survivor support group
Thu	1/13/2022	10:00AM	Concord Post-Concussion support group
Mon	1/17/2022		BIA-MA offices closed in observance of Martin Luther King Jr. Day



Tue	1/18/2022	3:00PM	Lexington survivor and family support group
Tue	1/18/2022	4:00PM	Men's survivor and caregiver brain injury support group
Wed	1/19/2022	6:00PM	Springfield/Mercy survivor and family support group
Thu	1/20/2022	10:00AM	Cotuit (Barnstable) survivor and family support group
Thu	1/20/2022	10:00AM	Boston/Charlestown (BABIS) survivor and family support group
Thu	1/20/2022	12:00PM	Beverly/North Shore survivor and family support group
Thu	1/20/2022	7:00PM	Milford survivor and family support group
Tue	1/25/2022	10:30AM	Framingham "Mild" Brain Injury survivor support group
Tue	1/25/2022	1:00PM	Brewster/Lower Cape caregiver support group
Thu	1/27/2022	10:00AM	"Law of Attraction" brain injury support group



Please visit our website at
www.biama.org/groups **for updates**

*Skate
into the
new year!*

