



BRAIN INJURY ASSOCIATION OF MASSACHUSETTS
Family and Survivor Support Groups

PLEASE NOTE: The dates, times and locations of BIA-MA sponsored support groups are subject to change. Please call the individual support group leaders for the most up to date information.

NEW! Berlin - (TBI HIP) - "Truly Brilliant Individuals Head Information Projects"
Family & Survivor

Contact: Crystal Ahlin, Sheila Howard 978-838-9407
Time: 6:30 - 8:00
Date: 3rd Wednesday of the month
Place: Please call for more info.

Boston - Stroke Club - Open to community - All ages

Contact: Karen Halfon 617-573-7143
Time: 3:00 - 4:30 p.m.
Date: 2nd Wednesday of the month
Place: Spaulding Rehab Hospital
125 Nashua St., Room 8A, Boston, MA 02114

Boston - BABIS Group - Family & Survivors

Contact: Sally Johnson 617- 573-2539
Time: 10 a.m. - 12 noon
Date: 1st Saturday of the month
Place: Spaulding Rehab Hospital
125 Nashua St., Room 8A, Boston, MA 02114
Website <http://www.babis.info/>

Braintree - Stroke/Brain Injury Support Group

Contacts: Patricia Kaufman-Vaughan 781-585-5434
Time: 6:30 - 8:00 p.m.
Date: Last Thursday of the month
Place: Braintree Rehabilitation Hospital
2nd Floor Conference Room C
250 Pond St, Braintree, MA 02184

NEW! Braintree - Children (ages 10-14) of Parents with B.I.

Contacts: April Sheridan 617-847-4987
Time: 6:00 - 7:00
Date: 2nd Thursday of the month
Place: Conference Room A
Braintree Rehabilitation Hospital
250 Pond St, Braintree, MA 02184

Cape Cod, Bourne - "Brilliant Buzzards", Caregiver and Survivor Support Group

Contacts: Vicki and Nathan Carr 508-759-2049
Time & Date: Call for more information.
Place: Buzzards Bay Community Center
239 Main St, Buzzards Bay, MA 02532

Cape Cod, Falmouth - Stroke Support Group, Family & Survivors

Contact: Mildred Lisk 508-540-7641
Time: 1:30-3:00 p.m.
Date: 2nd Tuesday of the month, Sept. - May
Place: Falmouth Hospital
Maternity Conference Room C, Main Floor
Ter Heun Drive, Falmouth, MA 02540

Cape Cod, E. Sandwich - Brain Aneurysm/Mild Brain Injury Support Group

Contact: Jenny Stickney-Quigley 508-833-4241
Time: 2:00 - 4:00
Date: 3rd Saturday of the month
Place: Rehab. Hospital of the Cape and Islands
311 Service Road, East Sandwich, MA 02537

Cape Cod, E. Sandwich - Stroke Support Group & Peer Visitation Program

Contact: Jim Graham 508-833-4043
Time: 1:30-3:30
Date: 2nd Wednesday of the month
Place: Rehab. Hospital of the Cape & Islands
311 Service, Rd, E. Sandwich, MA 02537

NEW! Cape Cod, E. Wareham - Caregiver Support Group

Contact: Donna Bonia 508-946-1115
Day & Time: Call for more info.
Location: BIA-MA Southeastern Regional Office
3119 Cranberry Highway, Suite 5F, E. Wareham, MA 02538

Fall River - B.R.A.I.N. -Family and Survivors

Contact: Henry Oliveira 401-297-1221
Time: 6:00pm
Date: 1st & 3rd Tuesdays
Place: Fall River Town Hall, 1st Floor Cafeteria, Fall River, MA 02720

Fitchburg - Stroke Support Group for Survivors, Family Members, Friends & Caregivers

Contact: Health Alliance Hospital, Burbank Campus
Speech Dept. 978-343-5005
Time: 6:00-7:30pm
Date: 3rd Wednesday of each month from March-December
Place: Burbank Rehabilitation Center, 2nd Floor
275 Nicols Rd, Fitchburg, MA 01420

Framingham - Mild Brain Injury Survivors

Contact: Barbara Webster 508-478-7539
Time: 11:30 a.m. - 1:00 p.m.
Date: 2nd and 4th Tuesdays of the month
Place: MetroWest Wellness Center
761 Worcester Road (Rt. 9 Westbound), Framingham, MA 01702

All Correspondence To: Barbara Webster, BIA-MA, 30 Lyman St, Suite #10,
Westborough, MA 01581

Gardner - Family and Survivors

Contact: Pat Read 978-660-5187
Please call for more info.

Middleborough - Family and Caregiver Support Group * NOT FOR SURVIVORS*

Contact: Tom Hall 508-947-9295
Time: Tuesday 6:15-7:30
Date: First Tuesday of the month
Place: The Neuro-Rehabilitation Center at Middleboro
23 Isaac Street, Middleboro, MA 02346

Milford - Family & Survivors

Contact: Denise Simoneau 508-422-2559
Time: 7:00 - 8:30 p.m.
Date: 3rd Thursday of the month
Place: Milford Hospital
Hill Building - 4th Floor Conference Room
14 Prospect St, Milford, MA 01757

**New Bedford/Dartmouth - "Wishful Thinking Whalers",
Support/Recreation Group, Family & Survivors**

Contact: Tracy Tavers 774-328-8322
Call for more info.

NEW! Norfolk - Parents & Caregivers of Children with a Brain Injury

Contact: Gayle Fedele 617-365-3980
Time: 2:00 - 4:00
Date: Third Saturday of the month
Place: Norfolk Public Library
139 Main St, Norfolk, MA 02056

Northampton Survivors & Family Members
Contact: Peggy Besht RN, BSN - 413-584-6797
Time: 4:30- 6:00
Date: 4th Monday of the month
Place: Forbes Library - Community Room
20 West St, Northampton, MA 01060

North Adams - BFAIR - Berkshire Families and Individuals Resources
Contacts: Suzanne Doswell 413-442-4448
Theresa Biagini 413-664-9382
Time: 5:00pm
Date: 3rd Tuesday of the Month
Place: Massachusetts Rehabilitation Commission Office
85 Main St, North Adams, MA 01247-3437

North Shore - Caregiver Support (PHONE SUPPORT)
Contact: Helen Whelan 781-233-8734
(evenings & weekends)

Pittsfield - Berkshire Brain Injury Support Group
Contact: Suzanne Doswell 413-443-0200
Time: 4:00 p.m.
Date: 2nd Tuesday of the month
Place: Center for Rehabilitation, Berkshire Medical Center
777 North Street, 5th Floor Medical Arts Building
Pittsfield, MA 01201

All Correspondence To: Suzanne Doswell, BIA-MA Western Region Office,
180-C Elm St, Pittsfield, MA 01201

Pittsfield - Meetings for Children of Parents with Brain Injury
Meetings for Women with brain injury
Meetings for Men with brain injury
Meetings for Spouses of people with brain injury
Contact: Suzanne Doswell 413-443-0200
Time & Date: Call for more information
Place: BIA-MA Western Region Office
180 Elm St, Suite C, Pittsfield, MA 01201

Pittsfield - "Sit, Knit & Stitch" - Knitting & Crocheting Group
Contact: Sonali Durden 413-443-6063 (CALL BEFORE FIRST MEETING)
Time: Evening
Date: Tue, Fri, Sat. each week
Place: Providence Court, Dining Room
379 East St, Pittsfield, MA 01201

Plymouth - Family & Survivors Support Group

Contact: Liz Lauzon 508-747-4720 x 118
Time: 6:30 - 8:00 p.m.
Date: 3rd Monday of the month
Place: Braintree Rehab Clinic
65 Cordage Park Circle, Plymouth, MA 02360

NEW! Southbridge - "Victory" Caregiver Support Group

Contact: Dan or Linda Pellegrini 617-592-5081
Please call for more info.

Springfield - Family & Young Adult (17+) Survivors Support Group

Contact: Sharon Abdala 413-748-6892
Time: 6:00 - 8:00 pm
Date: 3rd Wednesday of the Month
Place: Mercy Hospital
Deliso Conference Center, Lower Level
299 Carew St, Springfield, MA 01104

Westborough - Stroke Support Group

Contact: Deb Lebeaux 508-870-2222 x2165
Time: 1:00 - 2:30 p.m.
Date: 2nd Wednesday of the month
Place: Whittier Rehab. Center
150 Flanders Road, Westborough, MA 01581

Woburn/Advocates - Family Support & Education * NOT FOR SURVIVORS*

Contacts: Yvonne Tylinski 508-380-0987
Janet Lingerman 781-862-0070 x 301
Time: 6:00 - 7:30 p.m.
Date: (usually) 1st Monday of the month
Place: Warren House, 17 Warren Ave, Woburn, MA 01801

Woburn/NERH - Survivor Support Group

Contact: Mary Fiorentino 781-994-3456 x1458
Time: 10:00am-12:00pm
Date: 4th Saturday of the month (except Jan. & July)
Place: New England Rehab Hospital
2 Rehabilitation Way, Woburn, MA 01801

Worcester - Family & Survivors

Contact: Lisa A. Olinger 508-475-0032 x 19
Time: 6:00pm-7:30pm
Date: 3rd Tuesday of the month
Place: First Baptist Church
111 Park Ave, Worcester, MA 01609
(corner of Park St. & Salisbury St.)

Worcester - Family, Friends, and Caregivers * NOT FOR SURVIVORS*

Contact: Jacalyn Mulligan 508-791-3147 x103
Time: 2:00pm
Date: 1st Friday of the month
Place: Neuro-Rehabilitation Center at Worcester
3rd Floor Conference Room
59 Acton St, Worcester, MA 01604

OTHER GROUPS AVAILABLE

(Not Sponsored by BIA-MA)

Boston - Information Groups for Survivors and Family Members

Northeastern University TBI Resource Center

Also groups for Veterans with TBI

For more information or to enroll in these programs:

Contact: Dr. Therese O'Neil Pirozzi, ScD, CCC-SLP
Phone: 617-373-5750
Email: t.oneil-pirozzi@neu.edu

Cape Cod, Dennis - Stroke Support Group

Contact: Kathy Hallman, VNA Assoc. 508-957-7400 x3918
Date: 3rd Thursdays of the month (except July & August)
Time: 1:00
Dennis Senior Center
#1045 Rt.134 (Setuck Rd. & Rt. 134), Dennis, MA 02638

Greenfield - Head Injury Support Group for Survivors and Family Members

Contact: David Landry 413-773-2227 Please call before attending.
Date: Last Wednesday each month
Time: 6:00 - 7:30
Place: Baystate Franklin Medical Center
164 High St, Conference Room A, Greenfield, MA 01301

North Adams - Alzheimer's Information and Support Group

Contact: Beth Hinkley 413-664-4536
Date: Second Tuesday of the month
Time: 7:00-9:00pm
Place: Northern Berkshire VNA & Hospice Building
535 Curran Highway, North Adams, MA 01247

Norwell - Brain Aneurysm Support Group

Contact: Laurie Galvin 781-659-2342
Date: 2nd Wednesday of the month
Time: 7:00 - 8:30
Place: Norwell VNA and Hospice
91 Longwater Cir, Norwell, MA 02061

Pittsfield - Stroke Support Group

Contact: Irene Walcott 413-447-2230
Date: First Tuesday of each month
Time: 3:00-4:00pm
Place: MBC Medical Arts Complex
777 North St, Pittsfield, MA 01201
Center for Rehabilitation Outpatient Gym
(5th floor Medical Arts Building)

Pittsfield - Multiple Sclerosis Support Group

Contact: Brenda Brown 413-442-7047, ext. 16
Date& Time: Call for more info.
Place: AdLib Center for Independent Living
215 North St, Pittsfield, MA 01201

Williamstown - Dementia Support and Education

Contact: Mark Massaconi 413-458-8127x109
Date: 3rd Tuesday of the month
Time: 3:30-4:30
Place: Sweet Brook Transitional Care and Living Center
1561 Cold Spring Rd, Williamstown, MA 01267

Worcester, UMASS Memorial Medical Ctr. - Brain Tumor Support Group

Contact: Dr. Ellen Sharenow 774-443-7595
Date: 1st Tuesdays of the month
Time: 6:00-7:30
Place: Lazare Bld., Room 303
55 Lake Ave, N. Worcester, MA 01655

OUT OF STATE BRAIN INJURY SUPPORT GROUPS

(Not sponsored by BIA-MA)

Connecticut - Family & Survivors

Contact: Tom Currier 860-928-9844
Time: 3:00 - 4:30 p.m.
Date: Last Tuesday of each month
Place: Day Kimball Hospital
Conference Room #1
320 Pomfret Street (Route 44), Putnam, CT 06260

New Hampshire - Family & Survivors

Contact: Patty Motyka 603-822-3000 x 6750
Time: 6 p.m.
Date: 1st Wednesday of the month
Place: St. Joseph's Hospital, 4th Floor
172 Kinsley Street, Nashua, NH 03060

New Hampshire - Family & Survivors

Contact: John Richards 603-547-3311x1418
Tom Badgley 603-547-8891
Time: 6:30-8:00 pm
Date: First Tuesday of the month
Place: Unitarian Church
25 Main St, Peterborough, N.H. 03458-2447

New Hampshire - Brain Injury Survivor Support Group

No meetings July, Aug. or Dec.
Contact: Tina Paquin 603-225-8400 x 341 or 603-225-8400
Time: 6:00 - 7:00 pm
Date: Last Monday of the month
Place: Northeast Rehabilitation Hospital, Conference Room
70 Butler St, Salem, NH 03079

New Hampshire - Stroke Survivor Support Group

Contact: Jessica Anderson 603-890-3218
Time: 5:00 - 6:00pm
Date: 1st Wednesday of the month
Place: Northeast Rehabilitation Hospital, Inservice Room
70 Butler St, Salem, NH 03079

New Hampshire - Stroke Education for Survivors and Family -

Rehabilitation professional with Q & A stations
Contact: Northeast Rehabilitation Hospital 603-893-2900 x 3162 or 3160
Time: 2:00 - 3:00
Date: 2nd Saturday of the month
Place: Northeast Rehabilitation Hospital, NRH Wing 200
70 Butler St, Salem, NH 03079

Rhode Island - Family & Survivors

Contact: Linda Silva, Jane Soucy 401-766-0800 x 5311
Time: 6:30-8:00 p.m.
Date: 4th Tuesday of the month
Place: Rehabilitation Hospital of Rhode Island
Pulmonary Rehab Room
116 Eddie Dowling Highway, North Smithfield, RI 02896

**For more information regarding brain injury support groups in neighboring states,
Please contact them directly:**

Connecticut	BIACT.ORG	860-721-8111
Maine	BIAME.ORG	800-275-1233
New Hampshire	BIANH.ORG	800-773-8400

New York	<u>BIANYS.ORG</u>	800-228-8201
Rhode Island	<u>BIAOFRI.ORG</u>	888-824-8911
Vermont	<u>BIAVT.ORG</u>	877-856-1772