

# Brain Injury Association of Massachusetts

## The Impact of Aging on Our Brains



### DESCRIPTION:

This complimentary two-part workshop will review the brain changes that occur with aging and look at their impact on brain injuries.

### WHEN:

Meets Fridays 11:00am – 12:00pm

10/27/2023      What impact does aging have on the brain?

11/03/2023      What can I do to impact aging? A review of strategies, systems and resources that can help you be at your best!

### ABOUT:

- All sessions are lead by Amy Karas, MS, CCC-SLP, CBIS/T. Amy Karas is a neuro SLP and certified brain injury specialist with 25+ years' experience running groups with individuals with acquired brain injury and other neurological conditions/disorders.
- No cost to participants. You can attend one or all of the sessions.

### REGISTER:

[www.zoom.com/join](https://www.zoom.com/join) - Meeting ID 859 0167 1691 - Passcode 324603

*This education series is supported by the Ed Wilkinson Memorial Fund. The Ed Wilkinson Memorial Fund was established to provide caregivers and loved ones with the support and tools they need to navigate the world of brain injury.*

**QUESTIONS? Please email [education@biama.org](mailto:education@biama.org)**