

# Brain Injury Association of Massachusetts

## CARE Partner Strategies and Support



**DESCRIPTION:** Come join our **care partner group** to learn about the brain and the best strategies to support your loved one, build cognitive-communication skills, and to improve independence, safety, and function. Resources and support strategies will be reviewed.

**WHEN:** Meets 2nd Tuesday of each month from 1:00pm – 2:00pm

11/14/2023	Memory and Attention
12/12/2023	Language and Communication
01/09/2024	Executive Functioning Skills and Strategies
02/13/2024	Managing Expectations with Shifts in Recovery
03/12/2024	Brain Fatigue
04/09/2024	Proceduralized Learning and the Use of Schedules

### **ABOUT:**

- All sessions are lead by Amy Karas, MS, CCC-SLP, CBIS/T. Amy Karas is a neuro SLP and certified brain injury specialist with 25+ years' experience running groups with individuals with acquired brain injury and other neurological conditions/disorders.
- No cost to participants. You can attend one or all of the sessions.

### **REGISTER:**

[www.zoom.com/join](https://www.zoom.com/join) - Meeting ID 886 2208 3797 - Passcode 604378

*This education series is supported by the Ed Wilkinson Memorial Fund. The Ed Wilkinson Memorial Fund was established to provide caregivers and loved ones with the support and tools they need to navigate the world of brain injury.*

Questions? Please email [education@biama.org](mailto:education@biama.org)