

June 2024 Recreational Activities

Closed Captioning enabled for virtual meetings.

** Please note that SHIP Recreation funded activities are intended for brain injury survivors residing in Massachusetts.

Date and Time	Virtual or In Person	Event Details (**denotes funding in part by SHIP Recreation grants) Family caregivers may participate if accompanying a survivor, pending space.
Mon. 6/3/24 12:30 p.m.	In Person Boston	<p>** Charles River Sightseeing Tour</p> <p>Join us for a fully narrated sightseeing tour along the Charles River. The captain and crew will both entertain and educate while pointing out the historic and cultural sights of Boston and Cambridge. Sights include Beacon Hill, Esplanade Park, the Back Bay, Boston University, M.I.T., Harvard, and countless sailboats and rowers!</p> <p>Meet the BIA-MA staff at the departing site from the Cambridge Mall (use address 100 CambridgeSide Place, Cambridge, MA). Parking \$4.00 with ticket validation at the ticket booth (pay for parking prior to returning to your vehicle). Event takes place rain or shine.</p> <p>➤ Registration required: CLICK HERE TO REGISTER Limited space available.</p>
Thurs. 6/6/24 1:00 – 3:00 p.m.	In Person Lenox	<p>** Afternoon at <i>The Mount</i>, historic home of Edith Wharton in Lenox, MA!</p> <p>Join BIA-MA for a private group tour of the home named a top-ten house tour by Fodor’s.com. This tour reveals the history of The Mount from its building to its restoration, and chronicles Wharton’s life, and her remarkable achievements and legacy. After the tour, we will enjoy the Gardens with refreshments from the covered terrace.</p> <p>➤ Registration required: CLICK HERE TO REGISTER Limited space available.</p>
Mon. 6/10/24 1:00 – 2:00 p.m.	In Person Pittsfield office, 180-C Elm St	<p>** Creative Corner</p> <p>Join us to learn about paper quilling! This artform has been used for 500 years, and is found in scrapbooking, greeting cards, jewelry, wall art and more. Using small strips of paper and glue, we will explore together how to create amazing designs. <i>This simple activity requires no prior expertise and promises fun and imagination. All supplies included.</i></p> <p>➤ Registration required: CLICK HERE TO REGISTER Limited space available.</p>

<p>Wed. 6/12/24</p> <p>10:00 a.m.</p>	<p>In Person</p> <p>Pittsfield office, 180-C Elm St</p>	<p>** Drum Circle Class!</p> <p>Join cultural educator Aimee Gelinas, M.Ed. & Daniel Cohen in exploring hand-drumming and percussion with contemporary West African & Caribbean music. Learn about drumming, the cultural context of the music, and how drum patterns fit together – while having fun! <i>No prior experience required – bring yourself and your hands! Aimee and Dan supply the drums.</i></p> <p>➤ Registration required: CLICK HERE TO REGISTER Limited space available.</p>
<p>Fri. 6/14/24</p> <p>10:00 a.m. - 12:00 p.m.</p>	<p>In Person</p> <p>Westboro office, 30 Lyman St Suite 10</p> <p>Pittsfield office, 180-C Elm St</p>	<p>Unmasking Brain Injury Project: drop-in activity – no registration required!</p> <p>BIA-MA is pleased to continue <i>Our goal to offer every brain injury survivor the opportunity to create their own physical mask, tell their own story, and provide opportunities for the masks to be displayed in public places. Collectively this project partners with brain injury agencies across the country – and we are proud to join their ranks to illustrate brain injury and its impact.</i></p> <p>Join BIA-MA in Westborough or Pittsfield offices on the second Friday of each month, we supply basic materials to construct your own mask. Feel free to bring additional craft supplies or take the project home to complete.</p>
<p>Fri. 6/21/24</p> <p>12:00 – 3:00 p.m.</p>	<p>In Person</p> <p>Westboro</p>	<p>** Join us for a light lunch and performance by: “Sheryl Faye Presents Historical Women, making the past present.”</p> <p>A realistic historical acting portrayal of Supreme Court Justice, Ruth Bader Ginsburg.</p> <p>This event takes place at Tavolino Restaurant in Westboro.</p> <p>➤ Registration required: CLICK HERE TO REGISTER Limited space available.</p>
<p>Tues. 6/25/24</p> <p>11:00 a.m.- 12:00 p.m.</p>	<p>Virtual</p>	<p>** The Nature of Summer, presentation by Mass Audubon</p> <p>This online program will introduce the seasonal secrets of nature in summer and provide ideas and resources for observing, appreciating, and supporting wildlife around you during this season.</p> <p>➤ Join this event online at: https://zoom.us/join > Meeting ID 862 2246 3470 Passcode 811423</p>